

Adventures with Julie Waiver—Kitty Cats and Yoga Mats

Name: _____ Email: _____

By signing in for this class you are also consenting to the following:

I hereby consent to voluntarily engage in PiYo, a sometimes vigorous physical activity, which may include cardiovascular, resistance and stretching activities offered by Adventures with Julie and Julie MacPherson.

I hereby affirm that I am in good physical condition and do not suffer from any ailment that would be adversely affected by physical activity. I affirm that all of the information I have given pertaining to my current health status is accurate to the best of my knowledge. I acknowledge that I have been informed of the physical nature of PiYo activities. I hereby release Adventures with Julie and Julie MacPherson, their agents or substitutes, from any claims, demands and causes of action arising from my participation in this program.

I further understand that I am participating in a PiYo class in an animal shelter, where cats will roam freely in the class space. I understand and accept the risk of injury from interacting with the cats, including, but not limited to, scratches, bites and allergic reaction. I understand and accept that cats may cause distraction during yoga class and I do not hold Lollypop Farm liable for any injury sustained as a result of interacting with the cats

I understand that it is my responsibility to monitor my own condition throughout each session and should any unusual symptoms occur, I will cease participation, contact my physician and inform Adventures with Julie and Julie MacPherson immediately. I furthermore assume all responsibility for my health and physical condition and I certify that I am physically fit to practice PiYo. I understand I am under no obligation to follow the instructor of my teacher if I feel it is unsafe to do so and I agree that if unusual symptoms occur I will cease participation until I have consulted with my physicians.

I hereby certify that I have read this document, understand its contents, and sign it of my own free will. I understand this is a binding contract intended to provide a full release of liability for injuries I may incur while practicing PiYo with Adventures with Julie and Julie MacPherson. I am legally competent to sign this release or my parent or guardian has read and signed this release and given me permission to sign it. I confirm that I have read this form in its entirety, or that it has been read to me if I have been unable to read it, and I understand the risks associated with participating in PiYo activities. I also confirm that my questions regarding the program have been answered to my satisfaction. I consent to the conditions of all services and procedures as explained by Adventures with Julie and Julie MacPherson.

I grant to Lollypop Farm and Adventures with Julie, its representatives and employees the right to take photographs of me while attending and participating in Kitty Cats & Yoga Mats. I agree that Lollypop Farm and Adventures with Julie may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

Signature: _____

Date: _____